



## Science & Technology

500  
jobs available



Smartphone photo: Shutterstock

## Italians want 'detox' holiday from the web

Published: 04 Aug 2014 12:47 GMT+02:00

Updated: 04 Aug 2014 12:47 GMT+02:00

[Share](#) [Tweet](#) [Share](#) [reddit](#)

Over 40 percent of Italians want to escape the stress of “constant emails, Facebook and Whatsapp” while on holiday, according to a survey.

- **Italians shun foreign holiday adventures** (27 Jun 14)
- **Facebook used to traffic migrants to Italy** (13 Jun 14)
- **A third of Italians totally shun the internet** (29 May 14)

Forty-two percent told the survey by JFC, an Italian tourism consultancy, that they were happy to read the odd email while on holiday but otherwise wanted to completely free themselves of all forms of social media.

Among the reasons given were a desire to “discover the lifestyle of the past” and “rediscover the value of time” during their break.

Those seeking to detox from the web and social media were mostly aged between 45 and 64, female and working in the private sector. However, a high percentage of those aged between 26 and 44 also sought to use the time to disconnect.

But they still wanted to be able to access the online world to post holiday snaps, “but in their own time”.

Most (32.5 percent) said the best place to detox is the mountains, while 27.8 percent preferred to relax by the beach and 25.5 percent preferred a city break. Just 25.5 percent picked a lake as their preferred holiday destination.

The desire to detox from the web follows an EU report which found that more than a third of Italians have never used the internet, possibly owing to slow internet connection.

**READ MORE HERE: Italy has slowest broadband in EU: report**

Don't miss a story about Italy - join us on **Facebook** and **Twitter**

The Local ([news@thelocal.it](mailto:news@thelocal.it))

[Share](#) [Tweet](#) [Share](#) [reddit](#)

### RECEIVE OUR NEWSLETTER AND ALERTS

Your e-mail address

#### Most read Most comments

1. Homes for sale for a euro in ancient Sicily village
2. Hawkers attack US police officer on Spanish Steps
3. Bag chaos at Rome airport as handlers strike
4. Italy's summer storms dampen holiday plans
5. More than 90,000 boat migrants saved this year



### Travel

Why Italians don't tip (but Brits are worse)



### National

Top ten: hottest Italian men



### Travel

US tourists outraged over €42 ice cream bill



### Gallery

How to avoid getting ripped off in Rome

### Noticeboard

- 16/07 Greetings degree  
23/06 Counselling for English speakers  
02/06 Passionate about knitting  
30/05 Creative Mediation classes in Roma, Italy!  
14/05 Portrait & Wedding Photographer - English Speaking  
13/05 American clothes dryer  
[SHOW ALL NOTICES »](#)